

Personal development at JTR



Personal Development Learning ...

- Relationships – we pride ourselves in our ability to create good relationships
- School rules are based around British values (Be kind, be hard working, be respectful)
- Behaviour & Regulation policy based around A&T
- Zones of regulation
- Attachment and trauma training and our behaviour policy reflects this
- Learning Heroes – promoting these as part of resilience
- Assemblies are based around Keeping safe, safer internet use, RHE curriculum, growth mind-set, learning heroes, people who help us (police, Fire brigade, Guide dogs)
- Jigsaw scheme – focus on relationships and health education
- Word of the week to develop vocabulary/ Makaton monthly sign and signing used in assemblies/ singing
- Using the outdoors (Forest Schools/ Vicar Water/ The woods/ Sherwood Forest/ The Allotment)
- Wellbeing is a strong aspect of school (ELSA/ Wellbeing Wednesdays/ Senior Mental health leader/ Leuven scale – early ID)
- Mindfulness (Mental health Day/ mindfulness in classes/ Yoga in FS)
- School trips (E.G. Visit to the seaside, YWP, Bolsover Castle, Sherwood Forest, Rufford Park, Vicar Water)
- Worry Monsters in each class and a feelings board
- Variety of sports have been introduced (Hockey/ dodgeball/ archery/ tag rugby/ quick cricket/ dance/ street dance)
- After school clubs (Craft, choir, street dance, Forest School, Clay, knitting, French)
- Outside sporting achievements are celebrated in Friday assembly (Dance, gymnastics, swimming, football, horse riding)
- Cultural immersion (Chinese New Year dancing, Diwali dancing, Family box in FS2, culture: Bonfire Night/ Christmas/ Holi/ Ramadan/ visit to the local church/ Australia- Didgeridoo man/ variety of artists)
- Awareness days (Autism awareness/World Earth day/ World ocean day)
- Half termly visits from Minister from the local church
- Developing responsibility (Class helpers each day/ class councillors/ Eco team/ librarians/ Office angels/ playground pals)
- Local community – visit the local shops/ post a letter/ school allotment/ local woods/ local library visits/ Vicar Water country park)