

The RHE Curriculum at John T Rice Infant and Nursery School

KS1 Progression

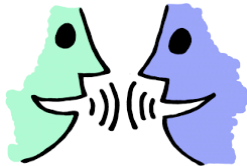





Our RHE Curriculum Intent

At John T Rice Infant and Nursery School we recognise that RHE encompasses every aspect of school life. Every child has a right to Relationship and Health Education from Autumn 2022. The learning in KS1 within the RHE curriculum is focussed around teaching the fundamental building blocks and characteristics of positive relationships, especially teaching content about friendships, family relationships and relationships with other children and with adults.

Our Curriculum Drivers.

As a school we have developed 3 curriculum drivers that shape our curriculum, bring out the aims and values of our school and respond to the needs of our school community.

Communication Skills 	Mental Health and Resilience  	The Wider World 
<p>Our children will be able to communicate effectively with adults and peers using a range of vocabulary and leave us being able to read, write and have a good mathematical knowledge.</p>	<p>Our children will understand how to lead a healthy lifestyle and be mindful of their mental well-being. They will grow as independent and resilient learners</p>	<p>Our children will understand about a range of multi-cultural and diverse communities to support them in becoming a global citizen.</p>

A child leaving John T Rice will have explicit tools to help them regulate and navigate personal, social and emotional challenges that they may face throughout their life. They will understand how to live physically and emotionally healthy lifestyles. They will be able to form and sustain a wide range of positive relationships. They will contribute and function successfully in the wider world and have aspirations for themselves and those around them. We aim to develop the role of pupil voice through our school council and charity work as a school.

Progression Document: RHE

RHE Themes over the year						
Cycle A and Cycle B						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1	Being me in my world	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me

Progression in Key RHE Vocabulary	
YEAR 1	YEAR 2
friends, teachers, parents, siblings, grandparents, relatives, families, feelings, help, private, uncomfortable, safe, unsafe, permission, behaviour, school, kind, feelings, respect, polite, rules, sharing, care, environment, recycling, differences, internet, digital, devices, safety, online, strengths, interests, community, jobs, work, healthy, hygiene, care, unhealthy, balance, safe, unique, special, same, different, feelings, recognise, safe, restrictions, online, trust, feelings	kindness, listening, honesty, friends, inclusion, arguments, help, online, bullying, feelings, differences, secrets, uncomfortable, worried, common, groups, situations, roles, teams, faiths, responsibilities, community, internet, purpose, value, content, recognise, currency, jobs, banks, savings, money, spending, routines, mental health, growing, changing, teeth, dentist, feelings, bereavement, life cycle, human bodies,, responsibilities, goals, medicines, safety, unsafe, danger, accident, emergency

Skills and Knowledge progression

Breadth of Study	Year 1	Year 2
<p>Being me in my world</p> 	<ul style="list-style-type: none"> To know they are special and safe. To know they are part of a class. To begin to know their Rights and Responsibilities To begin to know what rewards are and feeling proud. To begin to know what consequences are. To be able to follow The Learning Charter 	<ul style="list-style-type: none"> To know their own hopes and fears for the year To know their Rights and Responsibilities To know what rewards are and consequences. To know what a safe and fair learning environment is like To be able to value contributions. To be able to make choices. To be able to recognise feelings
<p>Celebrating Difference</p> 	<ul style="list-style-type: none"> To know there are similarities and differences. To begin to know what bullying is and how to deal with it. To begin to be able to make new friends. To be able to celebrate the differences in everyone 	<ul style="list-style-type: none"> To know there is gender diversity. To know there are assumptions and stereotypes about gender. To know and understand about bullying. To be able to stand up for self and others. To be able to make new friends. To be able to celebrate difference and remain friends
<p>Dreams and Goals</p>	<ul style="list-style-type: none"> To know there are different learning styles. To know the feelings of success To be able to set goals. To be able to identify successes and achievements. 	<ul style="list-style-type: none"> To know their learning strengths To be able to achieve realistic goals. To be able to persevere To be able to learn with others. To be able to co-operate in a group.

	<ul style="list-style-type: none"> To be able to work well and celebrate achievement with a partner. To be able to take on new challenges. To be able to identify and overcome obstacles 	<ul style="list-style-type: none"> To be able to contribute to and share success
<p>Healthy Me</p> 	<ul style="list-style-type: none"> To begin to know how to keep myself healthy. To begin to know there are healthier lifestyle choices. To know how to keep clean. To know how to keep safe. To know about medicine safety/safety with household items To know about road safety To know that health and happiness are linked 	<ul style="list-style-type: none"> To know healthier lifestyle choices To know what relaxation is. To know about healthy eating and nutrition To know what a healthier snack is. To know what motivation is.
<p>Relationships</p> 	<ul style="list-style-type: none"> To know they belong to a family. To know about physical contact preferences To know about people who help us. To know the qualities of a friend and person To be able to make friends/be a good friend. To be able to acknowledge self. To be able to be a good friend to myself To be able to celebrate special relationships 	<ul style="list-style-type: none"> To know different types of family To know physical contact boundaries To know about conflict within friendships To know there are good and bad secrets. To be able to recognise and appreciate people who can help them. To be able to express appreciation for special relationships
<p>Changing Me</p> 	<ul style="list-style-type: none"> To begin to know the life cycles (animal and human) To know the changes since being a baby To begin to know the differences between female and male bodies (correct terminology) To be able to notice the changes in themselves. To begin to be able to cope with change. To be able to identify what they are looking forward to at their new class 	<ul style="list-style-type: none"> To know the life cycles in nature To know natural process of growing from young to old To know the differences in female and male bodies (correct terminology) To know the different types of touch To be able to be increasingly independent To be to say what they like/don't like and ask for help. To be able to identify what they are looking forward to at their new school.



Aim high and shine

John T Rice Infant and Nursery School: -KS1 Curriculum Progression Document