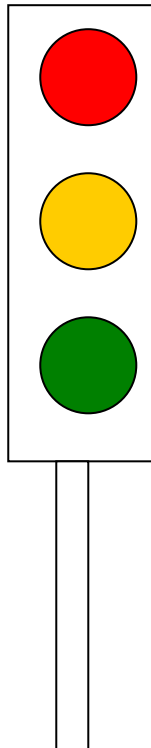


## If you are being bullied

### DO .....

- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Act as though you don't care what they say or do.
- Remember it is **NOT** your fault



### DON'T .....

- Do what they say.
- Look upset or cry.
- Get angry.
- Hit them.

## What should I do if I see someone else being bullied?

- Don't walk away and ignore the bullying.
- Let the bully know what is happening.
- Tell the bully to S.T.O.P. if it is safe to do so.
- Don't stay silent or the bullying will keep happening.

## Crescent Primary School's Anti-bullying aims:

- We will all work together to S.T.O.P. bullying.
- We want our school to make everyone feel safe and happy. Bullying can make people feel frightened and unhappy.
- To deal with bullying in school, we will help everyone:
  - to get on well together
  - respect and understand each other
  - to believe that everyone has the right to be who they are.

◆ This leaflet is part of John T. Rice's Anti-Bullying Policy. It is available on the school website and copies are available from the school office on request.

John T. Rice Infant & Nursery school

## Child Friendly Anti-bullying Policy



[www.beyondbullying.com](http://www.beyondbullying.com)

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